



Parenting Stress Index,[™] Fourth Edition

Interpretive Report

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- Respondent -

Client name : Sample Client
Client ID : 54321
Relationship to child : Mother (or female caretaker)
Age : 45
Ethnicity : (not specified)

- Child -

Name : (not specified)
Age : 6
Gender : Female

- Testing Information -

Test date : 05/03/2013

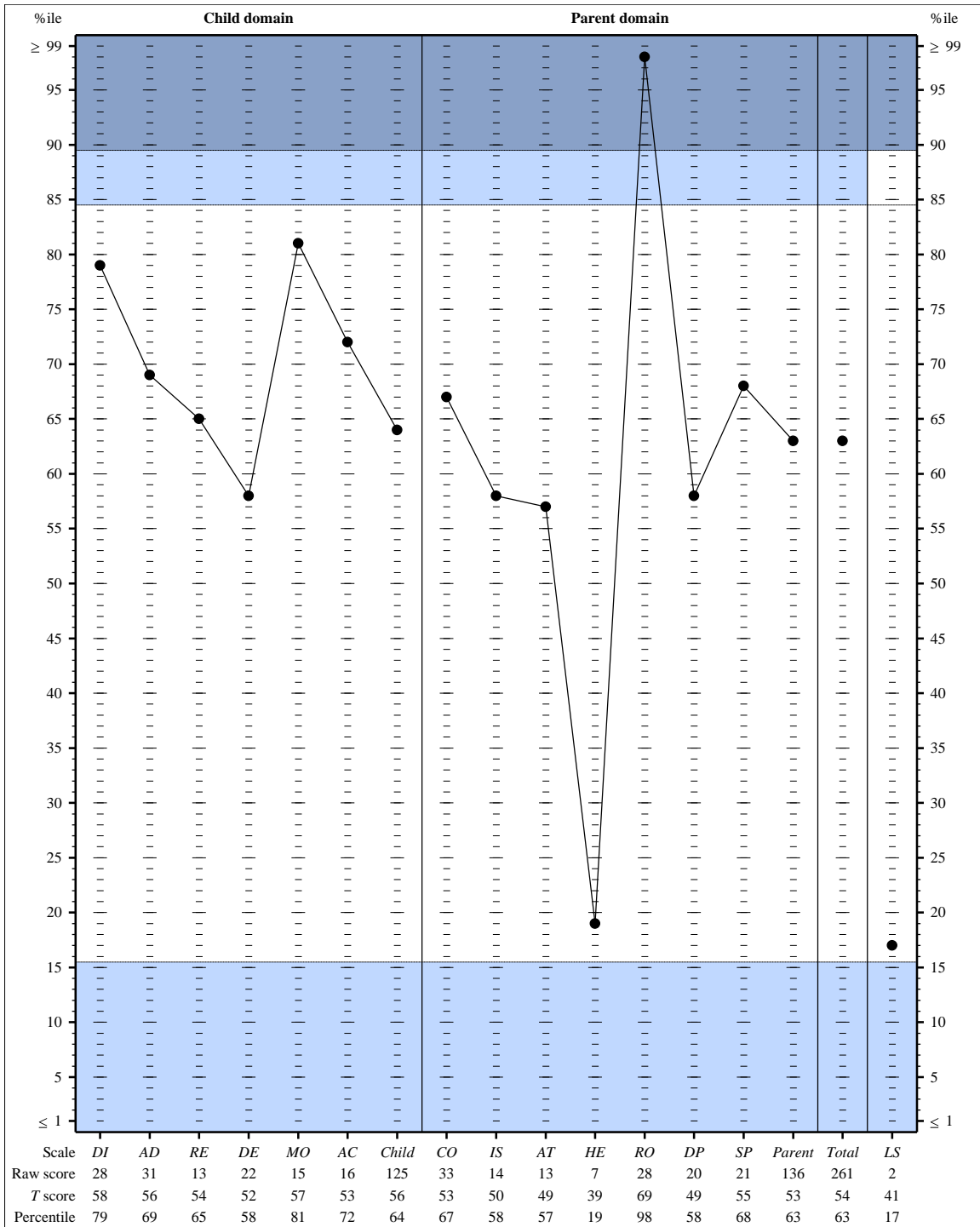
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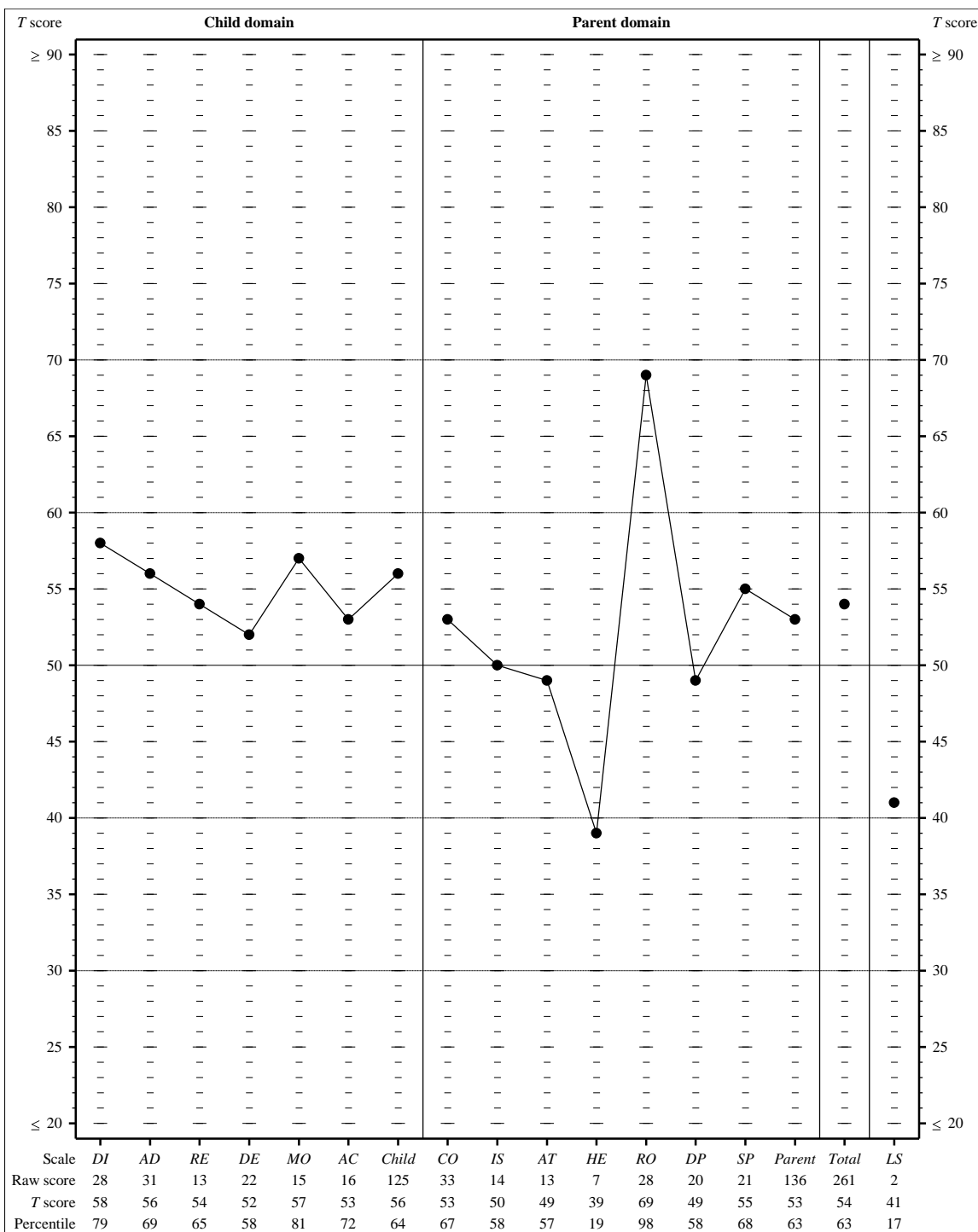
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PSI-4 Percentile Profile



PSI-4 T-Score Profile



Score Summary

Defensive Responding = 43.

The Defensive Responding score is clinically significant when the raw score is 24 or lower.

Scale	Raw score	Percentile ^a	T score
Total Stress	261	63	54
Child Domain	125	64	56
Distractibility/Hyperactivity (DI)	28	79	58
Adaptability (AD)	31	69	56
Reinforces Parent (RE)	13	65	54
Demandingness (DE)	22	58	52
Mood (MO)	15	81	57
Acceptability (AC)	16	72	53
Parent Domain	136	63	53
Competence (CO)	33	67	53
Isolation (IS)	14	58	50
Attachment (AT)	13	57	49
Health (HE)	7	19	39
Role Restriction (RO)	28	98	69
Depression (DP)	20	58	49
Spouse/Parenting Partner Relationship (SP)	21	68	55
Life Stress (LS)	2	17	41

- ^a 16th – 84th percentile = normal range
 85th – 89th percentile = high range
 90th percentile or higher = clinically significant range

Validity of Protocol

This appears to be a valid protocol. (Defensive Responding = 43.)

Interpretation of Protocol

The overall stress this parent is experiencing is in the normal range. If parenting difficulties exist, they are likely to be isolated and manageable. The validity of this interpretation should be questioned if two or more subscale scores are greater than the 89th percentile.

**Distractibility /
Hyperactivity**

This child appears to have at least an average attention span and does not show signs of excessive activity.

Adaptability

This child readily adapts to changes and displays a normal degree of plasticity.

Reinforces Parent

This child behaves toward his or her parent in such a way that the parent feels reinforced and a sense of closeness is fostered in the relationship.

Demandingness

This child is independent and does not attempt to unreasonably gain adult attention or assistance.

Mood

The parent must sometimes cope with negative emotionality in this child.

Acceptability

This child's physical, intellectual, and emotional characteristics meet the parent's expectations.

Competence

This parent appears reasonably confident in her child management skills and, although she experiences periodic swings in her confidence level, she remains in control of her child.

Isolation

The presence of a reasonably large social-emotional support network of friends and relatives represents a significant strength and resource for this parent.

Attachment

The attachment of this parent toward the child appears to be within normal limits. Problems with parent-child attachment are not expected to be present.

Health

This parent appears to be in reasonably good health and possesses the physical energy necessary to effectively handle her responsibilities as a parent.

Role Restriction

This parent experiences the restriction on her personal freedom, which occurs as a result of parenthood, as a major source of frustration. She sees herself as being controlled and dominated by her child's needs and demands. She often expresses concerns regarding the loss of her personal identity. Frequently, a strong undercurrent of resentment and anger generated by her frustration is evident and may be perceived by the child as a double message in many of the parent's communications. The Role Restriction subscale score obtained by parents of severely handicapped children must be interpreted carefully, in the benign direction.

Depression

This parent operates within normal limits with regard to mood. She appears to possess sufficient resiliency to bounce back from situational upsets.

**Spouse/Parenting
Partner Relationship**

This parent has a reasonably positive relationship with her child's other parent. She feels basically supported and appreciated by the child's other parent in her relationship with the child.

Life Stress

This parent did not indicate that she experiences a significant number of major stressors originating outside the parent-child relationship. This could be viewed as a positive factor in relation to the parent's carrying out her parenting responsibilities.

Follow-Up Questions

No follow-up items were strongly endorsed.

Recommendations

On the basis of this profile, the following recommendations should be considered.

The data from the global scales do not suggest any specific intervention recommendations.

Inquire about this parent's perception that her child cries too much or is too moody.

Ask the parent about her feeling restricted in her lifestyle by her parental responsibilities.

PSI-4 Item Responses

Item	Response	Item	Response	Item	Response	Item	Response
1	A	31	A	61	A	91	D
2	A	32	A	62	D	92	SD
3	NS	33	D	63	D	93	D
4	A	34	SD	64	D	94	NS
5	NS	35	D	65	D	95	A
6	D	36	A	66	D	96	A
7	A	37	D	67	SD	97	SD
8	D	38	A	68	SA	98	SA
9	D	39	A	69	A	99	D
10	NS	40	1	70	A	100	SD
11	A	41	3	71	NS	101	D
12	D	42	2	72	A	102	N
13	D	43	D	73	A	103	N
14	D	44	A	74	A	104	N
15	2	45	SD	75	D	105	N
16	3	46	D	76	D	106	N
17	D	47	NS	77	A	107	N
18	A	48	D	78	NS	108	N
19	D	49	A	79	D	109	N
20	A	50	D	80	D	110	Y
21	SD	51	SD	81	SD	111	N
22	A	52	D	82	NS	112	N
23	D	53	3	83	SD	113	N
24	D	54	A	84	A	114	N
25	A	55	D	85	A	115	N
26	SD	56	D	86	D	116	N
27	D	57	2	87	D	117	N
28	A	58	3	88	SA	118	N
29	A	59	3	89	D	119	N
30	NS	60	4	90	D	120	N

*** End of Report ***