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Negative Self-Concept

| Item # | Item Text <i>In general, this person...</i> | Item Score | Elevation |
|--------|---|------------|--------------|
| 2 | sees himself as inferior to others. | 3 | Elevated |
| 7 | lacks confidence in himself. | 0 | Not Elevated |
| 17 | feels like a failure. | 2 | Elevated |
| 30 | is self-critical. | 1 | Not Elevated |
| 44 | avoids new challenges because they lack confidence. | 2 | Elevated |

CAARS 2-ADHD INDEX

CAARS 2-ADHD Index

| Item # | Item Text <i>In general, this person...</i> | Item Score |
|--------|---|------------|
| 3 | has difficulty staying focused. | 0 |
| 6 | has difficulty prioritizing the things they need to do. | 0 |
| 7 | lacks confidence in himself. | 0 |
| 8 | talks when they should be quiet, like during movies, lectures, or performances. | 1 |
| 11 | procrastinates. | 1 |
| 16 | has difficulty paying attention. | 1 |
| 22 | is easily distracted. | 1 |
| 30 | is self-critical. | 1 |
| 31 | needs reminders to get things done. | 1 |
| 35 | sometimes overfocuses on details; at other times appears distracted by everything going on around them. | 1 |
| 46 | is impulsive. | 1 |
| 50 | has a harder time with things than other people do. | 1 |

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